

*PROSPECT OBGYN*

Maria R. KeanChong, M.D.

Melissa Prior, APN

Jonathan Jimenez, D.O.

Jessica Androsiglio, APN

Gabriela Ross, M.D.

Yvonne Matthews, APN

20 Prospect Avenue, Suite 705,

Telephone: (201) 880-4949

Hackensack, NJ 07601

Fax: (973) 852-1747

**ACKNOWLEDGEMENT OF RECEIPT**

In the **28 WEEK INFORMATION PACKET**, you are receiving the following information:

- 1) Cross-Coverage Notice
- 2) Pre-Registration Notice at Hackensack Meridian Health
- 3) Disability Forms
- 4) Billing
- 5) Prenatal Classes
- 6) Website
- 7) Baby Photos
- 8) Cord Blood Collection
- 9) PPD and Immunizations
- 10) COVID-19 Vaccination
- 11) Travel Notice
- 12) Pediatricians List

I (print name) \_\_\_\_\_ hereby acknowledge receipt of the **28 WEEK INFORMATION PACKET** and I am aware that I am responsible for all information provided.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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### **28 Week Information Packet**

#### Cross Coverage Notice

On weekends the doctors cross cover with Dr. Melissa Weinstien. She only does deliveries out of Hackensack University Medical Center. Unfortunately, our patients do not get to meet her just as her patients do not get to meet either one of our doctors beforehand.

As you come close to your delivery date please look at the calendar that is by the checkout desk in our office to see who is on-call. Our policy is to induce labor at, or about, 41 weeks gestation.

**In case of labor or emergent situations, please report to Labor and Delivery (L&D).** Please remember that *most doctors have blocked numbers*, so if your home number is blocked to blocked numbers, **we cannot return your call.** Should the on-call doctor not call back within a reasonable amount of time please:

- Go straight to **L&D, if you are 20 or more weeks pregnant** or,

This system has been developed to ensure quality care and quality of life for both patients and physicians. Should you have any questions feel free to discuss them with any provider at your next visit.

#### Pre Registration at Hackensack University Medical Center

For your convenience we would like you to register in advance of your admission. Pre-registration will enable you to go directly to Labor & Delivery without going through the admission process.

Pre Registration forms can be found on our website for you to download. If you have any questions please contact Pre Registration Office Manager, Martha Beck at (551) 996-3122.

#### Disability Forms

**\*DO NOT WAIT UNTIL THE LAST MINUTE TO FILE YOUR SHORT TERM DISABILITY\***

Depending on your job's maternity leave policy, you may be eligible to start your maternity leave at 36 weeks. If your job follows the New Jersey short term disability rules, they are no longer accepting forms via fax or email. You are now required to go online to the following website to begin your application:

<https://myleavebenefits.nj.gov/worker/tdi>.

You may only begin the application process on the day you turn 36 weeks. After you have completed your portion of the application, you must provide a copy of your Online Form ID to your employer and to the doctor's office. Keep in mind that this is time sensitive, and must be completed within 14 days. You may fax it to (973-852-1747) or physically bring the form into the office. When you are ready to send your forms please provide us with your **first day out of work**, AFTER any vacation days or paid time off (PTO) you might have used.

Any general letters or disability papers pertaining to pregnancy do take **at least 5 days** to be completed. Please, do not expect these to be done on the same day.

Note: pregnancy is not an excuse from jury duty and we will not provide you with such a letter.

### Billing

If you have any questions about a bill from our practice (Lifeline Medical Associates Care Center 194) please call our billing manager, Bonnie at (201) 880-4949. We are not responsible for deductibles or coinsurance. We cannot help you with bills from Hackensack University Medical Center, LabCorp, or Quest Diagnostics. If you have questions about those bills please those entities.

### Prenatal Classes

We recommend that all women take prenatal classes after they reach 28 weeks gestation. Our office does provide a prenatal class free of charge to our patients. Please make sure that you give the providers your email address and that we have your correct email address on file.

If you would like to get the link for our practice's prenatal class please confirm that we have your email in our system and that it is correct. Prenatal classes are held one the FIRST Saturday of the month and the link is shared the Wednesday before that Saturday.

### Website

Our website address is [www.prospectobgyn.com](http://www.prospectobgyn.com). Information regarding office location, office hours and links can be found here. We also allow you access to the patient portal where you may be able to view results from home; some results might have to be released to the portal in order for you to see it. Please speak to the front desk regarding establishing your access.

### Baby Photos

If you send maternity, newborn, or holiday photos to the office, please be aware that you are consenting to having that photo be viewed by the public. If you do not give consent, do not send pictures.

### Cord Blood Collection

We are happy to provide Cord Blood collection services for our patients. If this is something you are interested in doing, please make the providers or office staff aware. However, **this service is not covered by insurance so we will bill \$300.00 for the collection at 36 weeks gestation.**

Please call the Cord Blood facility regarding any questions about their services.

- Cbr: <https://www.cordblood.com/>
- Cryo-Cell: <https://www.cryo-cell.com/>
- Lifebank: <https://www.lifebankusa.com/>

### PPD and Immunizations

PPD is a test that is used to confirm exposure to Tuberculosis. It is a skin test that can be performed during any trimester. Certain vaccines are fine to receive during pregnancy, these would be Hepatitis A & B, Flu and Tdap. Tdap is recommended between 27 and 36 weeks of pregnancy. We recommend that Tdap be given during this window because antibodies will be produced with the vaccination that will cross the placenta and benefit the baby. All others can be administered during any trimester.

### COVID-19 Vaccination

It is the practice's recommendation that all patients (pregnant or not) get vaccinated against COVID-19. In pregnancy we DO NOT recommend the Johnson & Johnson vaccine.

### Travel Notice

We do not recommend travel past 24 weeks of pregnancy because this marks viability outside the womb. Of

course there are certain circumstances where travel may be unavoidable, this can be discussed case by case.

Pediatricians List

**Dr. Stephanie Dos Santos**  
Advanced Pediatrics Group  
5 Summit Ave, Ste 203,  
Hackensack, NJ 07601  
Tel: 201-996-5454

**Dr. Mohamed A. Tantawi**  
Hackensack Pediatrics  
177 Summit Avenue,  
Hackensack, NJ 07601  
Tel: 201-487-8222  
Fax: 201-487-2126

**Dr. Geeta Kumar**  
Bridge Pediatrics  
2175 Lemoine Avenue, Suite 502,  
Fort Lee, NJ 07024  
Tel: 201-585-7337  
Fax: 201-585-7333

**Dr. Zeyad Baker**  
Riverside Pediatric Group  
10 First Street,  
Hackensack, NJ 07601  
Tel: 201-342-8130

**Dr. Ikbal Tokat, Dr. John Sutter, & Dr. Ana Kimel**  
Nuheights Pediatrics  
1115 Clifton Avenue, Suite 101,  
Clifton, NJ 07013  
Tel: 973-250-2970  
Fax: 973-250-2971

**Dr. Susan Kushner & Dr. Melissa Monaco**  
Forest Pediatrics  
299 Forest Avenue, 3<sup>rd</sup> Floor,  
Paramus, NJ 07652  
Tel: 201-267-0888  
Fax: 201-483-8874

**Dr. Paul Harlow, Dr. Daniel Levine, Dr. Steven Materetsky, Dr. Jonathan Wong, & Dr. Amisha Shah**  
Pediatric Specialties  
90 Prospect Avenue,  
Hackensack, NJ 07601  
Tel: 201-342-4001  
50 S. Franklin Tpke, Ramsey, NJ 07446  
Tel: 201-934-2949

**Dr. Arnold Rabinowitz & Dr. Evelyn Rodriguez-Zierer**  
Madison Ave. Pediatrics  
22 Madison Avenue,  
Paramus, NJ 07652  
Tel: 201-291-9797  
Fax: 201-291-9798

**Dr. Rosa Josefina, Dr. Rose Ann Macalintal, Dr. Davina Lopez, & Dr. Aurea Tobias-Quiroz**  
Children of Joy Pediatrics  
55 Summit Avenue,  
Hackensack, NJ 07601  
134 Summit Avenue,  
Hackensack, NJ 07601  
Tel: 201-525-0077  
Fax: 201-525-0072